

WARRANE OCCASIONAL PAPERS*

Number 2



August 2007

WARRANE COLLEGE IS AN AFFILIATED COLLEGE OF THE UNIVERSITY OF
NEW SOUTH WALES

Live Full! Die Empty!

Theme:
How to maximize your potential

By

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The Law Of Questions

While it is true that, change your thoughts and you'll change your life, even more powerful, is to change your questions, and you will change your life.

So if you want to get the right answers, and if you want the law of courage to work positively in your life and business, then have the courage to start asking the right questions.

Not everything that you will face in your life, can be changed.

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But nothing can be changed until it is faced.

One of the best ways to face reality, is to ask great questions.

Asking the right questions, will lead to the discovery of a powerful meaning to your life, that will inspire you.

Asking the wrong questions, over and over again, is no different from the ostrich who buries its head in the sand, hoping that if it keeps ignoring reality for long enough, it will go away.

Some Powerful Questions

Here are some powerful questions, that you could ask yourself each day.

- 1. What else, do I need to do today, to get out of the victim cycle, to rise above my current circumstances, and to do not just my best, but whatever is necessary, to achieve my desired results, today, so that I can embrace and live in The Spirit Of Naked Passion?**
- 2. What else, do I need to learn today, to get the results that I desire?**
- 3. Is there a better way to do this?**
- 4. What's the next thing, that I could be doing?**
- 5. What am I doing well?**
- 6. What can I do better?**

The Daily Stocktake

The unexamined life is not worth living. Get into the daily habit of carrying out a daily stocktake of the business of your own life. Here are some more powerful questions that you could ask yourself each day. The end of the day, just before you go to bed, is a good time to do this.

If I were to die, today, before midnight:

- 1. What are my strengths?**
- 2. What are my weaknesses?**

3. Is there anybody alive or dead, whom I still haven't forgiven?
4. Is there anybody alive today, from whom I still need to ask for forgiveness?
5. How would each member of my family remember me? Ask them! You may be right! You may be wrong!
6. Would I go to my grave with no more music left inside me?
7. What is the main criterion for the success or failure of my life?
8. Do I have any regrets?
9. What is my predominant reason for living, in one sentence?
10. What is my predominant reason for dying, in one sentence i.e. not the cause, but is it just "*when you're dead, you're dead*", or is there something else?
11. Am I frightened of death? Is it a taboo subject for me?
12. If I could get my life back again, what one thing would I do differently in My Secret Life?
13. If I could get my life back again, what one thing would I do differently in My Private Life?
14. If I could get my life back again, what one thing would I do differently in my business life?
15. If I could get my life back again, what would I say to each of my loved ones?
16. What would I like my epitaph to be?
17. Are there any other questions that will help me build on my strengths and manage my weaknesses?

In Conclusion

The theme of this paper, has been how to maximize your potential. We have discussed practical manifestations of the so-called **Law Of Questions**. This suggests that if you change the quality of your questions, then you will change the quality of your life.

We will conclude by referring briefly to The so-called **Law Of Assumptions**. This suggests that if you change the quality of your assumptions, then will change the quality of your life.

Here are examples of four assumptions that you might consider at the end of each day!

1. ***For your body** – assume that you've had a heart attack; now live accordingly, starting right now!*
2. ***For your mind** – assume that the half-life of your profession is one year; now prepare accordingly, starting right now!*
3. ***For your “heart”** – assume that everything you say about another, they can overhear; now speak accordingly, starting right now!*
4. ***For your “spirit”** – assume that you have a one-on-one visit with your Creator, every day; now live accordingly, starting right now!*

Let me conclude, by wishing you every success in your professional and personal lives, and by reminding you that:

Each day, it's not enough, just to do your best.
Instead, you need to do, each day, **what's necessary!**

Bon Voyage!